



PRESENTATION DESCRIPTION

UNBREAKABLE: Cultivating Influence with Confidence Course Overview- based on book Pillars of Confidence

Confidence and influence go hand in hand, intricately woven together through self-assurance, effective communication, and charisma. This session delves into the vital connection between confidence and influence, where individuals with a strong sense of self can positively shape their surroundings.

Throughout this engaging session, we will explore the dynamic interplay between confidence and influence, recognizing the pivotal role of clear communication and a charismatic presence in inspiring trust. This symbiotic relationship extends beyond personal development to leadership, decision-making, and adaptability.

Take aways from this session include:

- Uncover the symbiotic relationship between confidence and influence, illuminating how self-assurance and effective communication are essential in shaping one's environment and fostering trust and respect.
- Explore the multifaceted benefits of confident leadership, recognizing the profound impact individuals with a strong sense of self can have on inspiring and motivating others to action.
- Equip participants with actionable strategies to leverage the three pillars of confidence—self-assurance, effective communication, and charisma—for personal and business growth, empowering them to increase their influence across key areas of life through intentional action planning.

The Leadership Pipeline: Developing Tomorrow's Leaders for Better Succession

Ideal for C-Suite, HR, and People Managers

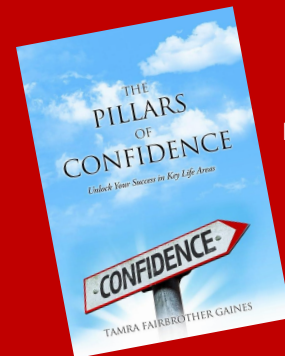
In the ever-evolving landscape of the workforce, businesses face a formidable trifecta of challenges: the ongoing war for talent, the retirement wave of Boomers, and the imperative to cultivate trust and loyalty. The repercussions of these factors resonate in the very core of every business leader affecting their bottom line.

Join us for an insightful and content-rich session where we delve into strategic solutions to navigate these challenges. Explore the following key facets:

- Implement a systematic approach to Leadership Pipeline Development, empowering organizations to identify, nurture, and prepare future leaders for sustained success in a dynamic workforce landscape.
- Strategically plan for succession by exploring methods to identify and develop high-potential talent, ensuring seamless transitions and continuity of leadership in the face of the impending retirement wave and talent shortages.
- Foster a culture of trust and loyalty within your organization by implementing strategies to build strong relationships, transparent communication channels, and opportunities for professional growth and development.

CREDIBILITY MAKES ALL THE DIFFERENCE!

In addition to her credentials as a Certified Professional Coach and a Credit Union Development Educator, (CUDE) Tamra holds a certificate in Diversity, Equity & Inclusion (DEI) from Cornell University, is a Certified Meetings Manager and a certified speaker with the John Maxwell Leadership Team.



Be a confident leader
Empower others in their confidence

WITH CONFIDENCE
YOU CHOOSE

The Pillars of Confidence contains specific, laser-focused actions YOU can take to guide YOU through key life areas and become more confident in YOUR personal and professional life.



PRESENTATION AND WORKSHOP DESCRIPTION

The various aspects of these two sessions allow participants to engage in creating their own actions plans for growth in both their personal and professional lives. Easily a half-day workshop or can be tailed to a 60 or 90-minute breakout session.

Balancing Act: Navigating Career and Personal Wellness with Vitality

60-90 minute session or 4 hour workshop

In today's fast-paced world, maintaining harmony between career aspirations and personal well-being is essential for sustained success and fulfillment. Join us for an immersive breakout session, where we'll explore practical strategies to achieve balance and vitality in your professional and personal life.

Primary Objectives:

- Develop Strategies for Your Leadership Pathway: Delve into key topics such as time management, accountability, and effective communication to enhance your leadership skills and propel your career forward.
- Gain Clarity on Setting Boundaries and Creating Balance: Learn how to establish healthy boundaries and cultivate a sense of balance to prevent burnout and foster overall well-being.
- Outline a Strategy for Work and Home: Leave with a personalized action plan to navigate the complexities of work and home life, ensuring alignment with your values and goals.

Six-Pack Success: Sculpting Results in Six Key Areas of Life

60-90 minute session or 4 hour workshop

Embark on a transformative journey toward holistic success with our Six-Pack Success breakout session. Explore the six vital areas of life—financial, emotional, relational, professional, physical, and spiritual health—and assess your current confidence levels in each domain. From there, craft a personalized roadmap to sculpt results and achieve fulfillment across all aspects of your life.

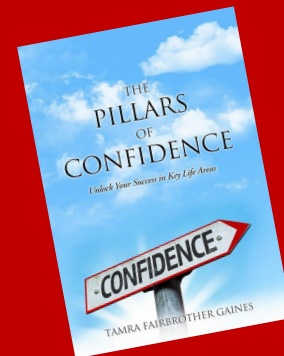
Focus Includes:

- How Confident Are You in Six Key Areas of Life?: Take stock of your current standing in the realms of financial stability, emotional well-being, relational harmony, professional growth, physical fitness, and spiritual fulfillment.
- Assess Where You Are Now: Dive deep into self-reflection and assessment exercises to gain clarity on your strengths, weaknesses, and areas for growth.
- Create a Path for the Future: Develop actionable strategies and set meaningful goals to elevate your success and satisfaction in each area of life.

Join us for an empowering session filled with insights, interactive activities, and supportive guidance as we sculpt a roadmap to six-pack success together.

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